



International Journal of Advanced Community Medicine

E-ISSN: 2616-3594

P-ISSN: 2616-3586

IJACM 2018; 1(2): 50-53

Received: 10-03-2018

Accepted: 11-04-2018

Priyanka R Kapare

Gourishankar Institute of
Pharmaceutical Education and
Research Limb Satara,
Maharashtra India

Kishan L Jadhav

Gourishankar Institute of
Pharmaceutical Education and
Research Limb Satara,
Maharashtra India

Divya V Khairmode

Gourishankar Institute of
Pharmaceutical Education and
Research Limb Satara,
Maharashtra India

Shradha D Sawant

Gourishankar Institute of
Pharmaceutical Education and
Research Limb Satara,
Maharashtra India

Akash S Mali

(1) Vytautas Magnus
University, Lithuania,
(2) University of Wurzburg,
Germany

Correspondence

Priyanka R Kapare

Gourishankar Institute of
Pharmaceutical Education and
Research Limb Satara,
Maharashtra India

Development and evaluation of cosmeceutical cream for acne vulgaris

Priyanka R Kapare, Kishan L Jadhav, Divya V Khairmode, Shradha D Sawant and Akash S Mali

Abstract

Skin break out vulgaris is regular skin issue, happening in around 85– 95% of young people. It is related with filaggrin quality and Propioni bacterium acnes disease separately. Our point of present research is to plan new cream which assuage disease and follow up on Acne Vulgaris. Following cream consist of Salicylic acid which benefits as heavenly skin treatment. Salicylic acid go about as keratolytic operator and it open the stopped up pore which having better skin break out treatment. Affectability testing has likewise been done and no proof of unfavorably susceptible sign and skin bothering additionally cream test tried for soundness contemplates and has been led in the natural chamber with temperature 25 ± 1 °C and dampness $60 \pm 10\%$ RH. It hints at no adjustment in shading in cream and furthermore no stage separation. The work principally centers around microbial quality control and vulgaris movement of figured cream. In future this detailed cream will offer guarantees to Skin mind and Anti - Acne with remedial impacts.

Keywords: Acne Vulgaris, Keratolytic agent, Salicylic acid

Introduction

Skin inflammation Vulgaris is a standout amongst the most widely recognized skin issue which dermatologists need to treat. As of late, because of better comprehension of the pathogenesis of skin break out, new helpful modalities are planned ^[1, 3]. Salicylic acid it has been utilized for a long time in skin inflammation as a comedolytic operator, however is less strong than topical retinoid. Abundance sebum is another key factor in the advancement of skin break out vulgaris. Salicylic acids go about as it opens blocked skin pores and advances shedding of epithelial skin cells. Salicylic acid can specifically break down the keratin plugs and manage the skin cells. is both profoundly keratolytic and comedolytic; this implies it not just helps expel dead skin cells and enhance the body's normal shedding process, yet can likewise get into more profound layers of the skin and work beneath the surface. it enters skin and separates cells inside the epidermis ^[4]. The epidermis (the skin's furthest layer) contains cells which stick together in the internal covering of pores, known as desmosomes. At the point when these pores end up obstructed with soil, oil, dead skin or flotsam and jetsam, they prompt imperfections. Sebum generation and discharge are managed by various distinctive hormones and arbiters.

A portion of the key systems engaged with the advancement of skin break out incorporate bothered sebaceous organ action related with hyperseborrhoea (that is, expanded sebum generation) and adjustments in sebum unsaturated fat arrangement, dysregulation of the hormone microenvironment, collaboration with neuropeptides, follicular hyperkeratinization, enlistment of aggravation and brokenness of the natural and versatile resistance. An overview of Japanese understudies from grade school through college uncovered that 58.6% were experiencing the condition, and that 93.3% of the college understudies had experienced skin break out at one time ^[4, 5]. In India, commonness information from a dermatology facility in a showing healing center in Varanasi detailed skin break out in 50.6% of young men and 38.13% of young ladies in the age aggregate 12-17 years. This is major public health problem will affect 1-20% person worldwide also during lifetime it occur to 10 -20% in children and 1-3% in adults. National survey in US state approximately in 17.2% children's suffering from AD last 17 years.

It doesn't influence the sebum creation and bacterial development. Likewise, retinol is best medication against Acne vulgaris, act by same instrument as that of salicylic acid. topical utilization of this cosmeceutical cream it spread on skin layer and infiltrate through the skin.

Retinol additionally helps by unclog the pore it permits to work better activity of salicylic acid on skin break out. Late investigations on salicylic acid demonstrates that it diminishes the oil generation and go about as antibacterial

along these lines anticipate bacterial development in skin inflammation. Since this cream additionally contain little measure of calamine it will repair harmed tissue ^[1, 5].

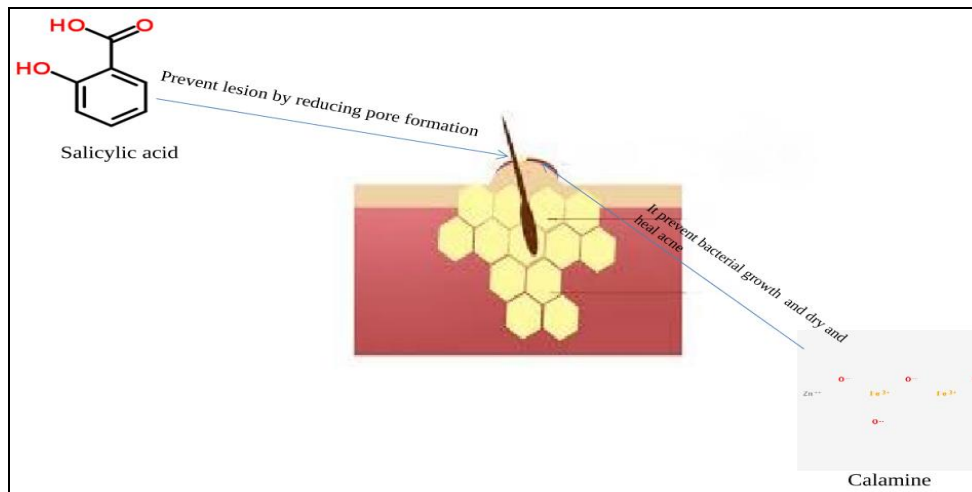


Fig 1: Mechanism of action salicylic acid and calamine on Acne Vulgaris.

Salicylic acid when consolidate with calamine will go about as better bacteriostatic operator and work as skin inflammation treatment. Calamine will anticipates bacterial development and having a type of regular mending property. it act by going away the skin break out pore and salicylic acid avoid sore by lessening pore development ^[6, 7].

Formulation Method

Firstly add Salicylic acid, water and calamine in to warm opposition glass receptacle and blended well (Phase I), on other hand blend of Paraffin wax, stearic acid and Lanoleic acid liquefied in other beaker(Phase II) and mixed well to make cream base. stage I winds up thick with warming at 65 °C-75 °C, always mixing, after that utilized homogenizer for blending to above arranged emulsion with little drop of Rose water when it goes hand warming or lower than 40 °C and blended well until the point that we got smooth and uniform surface. Put away at room temperature. (Table no.2).

Evaluations parameters

Take 5 gm of cream in clean platform and observe visually.

A. Physical Characteristics

The planned creams were watched outwardly for their shading, homogeneity, stage separation, consistency, spread capacity. The pH was estimated with help of pH meter. (Table no.1) ^[4].

B. Patch Test

1-3gm cream to be tested was placed on a piece of fabric and applied to the sensitive part of the skin e.g. skin behind ears. The cosmetic to be tested was applied to an area of 1sq.m.of the skin. Control patches were also applied. The site of patch is inspected after 24 hrs ^[1].

C. Microbiological studies

The composed creams were immunized on the plates of agar media by streak plate strategy and a control was set up by discarding the cream. The plates were set in to the hatchery and are brooded at 37 °C for 24 hours. After the hatching

time frame, plates were taken out and check the microbial development by contrasting it and the control. (Figure 2) ^[1, 4].

D. Spread ability studies

A test for semisolids is that it has better spread ability which is a term communicated to signify the degree of region to which the cream promptly spreads on application to the skin Spread ability is communicated regarding time in seconds taken by two slides to slip off from the plan, set between, under the utilization of a specific load. Lesser the time taken for the partition of the two, better the spread ability. Two glass slides of standard measurements were chosen. The definition whose spread ability must be resolved was put more than one of the slides. The other slide was set over the plans was sandwiched between the two slides over the length of 5 cm along the slide. 100 g weight was put up on the upper slide with the goal that the plan between the two slides was squeezed consistently to shape a thin layer. The weight was expelled and the abundance of plan sticking to the slides was rejected off. One of the slides was settled on which the plan was put. The second versatile slide was put over it, with one end -attached to a string to which load could be connected by the assistance of a straightforward pulley and a skillet. A 5 g weight was put on the container and the time taken for the upper slide to venture to every part of the separation of 5.0cm and separate far from the lower slide under the course of the weight was noted. The spread ability was then figured from the accompanying equation ^[1, 4].

$$\text{Spread ability} = m \times l / t$$

m = weight tied to the upper slide (30g) l =length of glass slide (5cm) t =time taken in seconds

E. Stability studies

The stability test about were done according to ICH rules. The cream filled in bottle and kept in mugginess chamber kept up at 30 ± 2 °C/65 ± 5% RH and 40 ± 2 °C/75 ± 5% RH for three months. Toward the finish of studies, tests were examined for the physical properties and thickness ^[4].

Result and discussion

Detailed 10 gm cream has bright Dark Brown shading with smooth surface. pH of detailing observed to be 6.5. The solidness investigations of the different parameters like visual appearance, nature, pH of the plans demonstrated that there was no huge variety following three months of the examination period. (Table no 5) The cream demonstrates no redness, edema, aggravation and disturbance amid Patch Test thinks about. These plans are protected to use for skin. The figured creams were tried for the nearness of pathogenic microorganisms by refined it with agar medium. There were no indications of microbial development after

hatching time of 24 hours at 37 °C and having antimicrobial property. (Figure 2) We didn't found any hypersensitive conditions yet we encourage to counsel with doctor or drug specialist and ought to be endorsed in the event of pregnant ladies or who are planning to pregnancy.

Table 1: Physical Characteristics

S. No.	Properties	Formulation
1	Color	Dark brown
2	Odor	Characteristics
3	Appearance	Semi-Solid
4	Texture	Smooth

Table 2: Formulation and Roles (10 GM)

Ingredients	Role	Quantity
Salicylic acid	Antimicrobial agent	1.5 gm
Calamine	Anti -Itching agent	0.5 gm
Paraffin	Moisturizer	2.5 gm
Lanoleic acid	Emulsifying agent	2.0 gm
Rose water	Perfuming agent	0.02 ml
Methyl Paraben	Preservative	0.02 ml
Stearic acid	Stabilizer	02 gm
Distilled water	Diluent	3.36 ml

Table 3: PH Determination and Thermal Stability

S. No	Parameters	formulation
1	Thermal Stability (RH 65% and 30 ± 40 °C)	Stable, No oil Separation
2	pH (27 °C ± 2 °C)	6.5

Table 4: Spreadability Test

Formulations	Time (Min)	Spread ability(g cm/sec)
New Research	17	11.3
Marketed Cream	18	11.5

Table 5: Accelerated Stability Studies

Tests	Formulation		
	After one month	After third month	After second month
Physical appearance	Semi-solid	Semi-solid	Semi-solid
Texture	Smooth	Smooth	Smooth
color	Dark Brown	Dark Brown	Dark Brown
Odor	Characteristic	Characteristic	Characteristic
pH value	6.5	6.5	6.5
Thermal stability	ok	ok	ok
Degradation of product	nil	nil	nil
consistency	ok	ok	ok

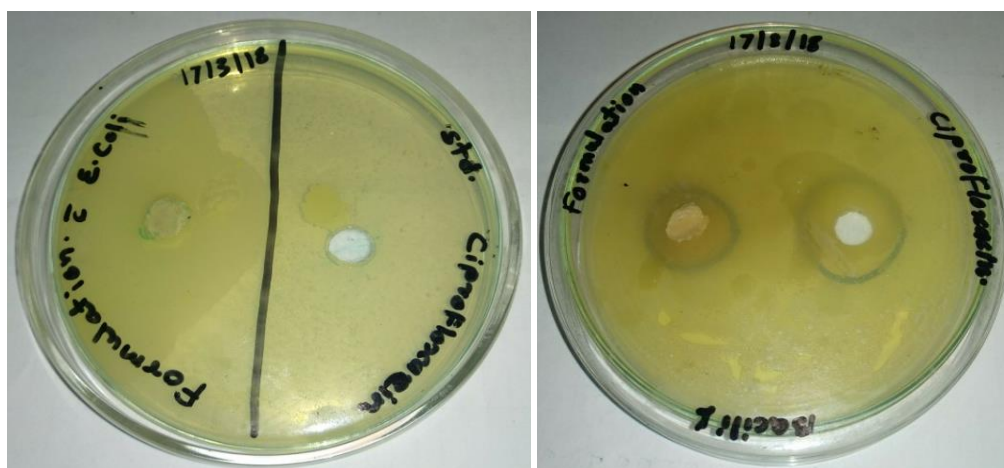


Fig 1.2: Microbiological Assay

- A) Ciprofloxacin (Standard) and Formulation with gram (-) bacteria;
- B) Ciprofloxacin (Standard) and Formulation with gram (+) bacteria

Conclusion

Skin break out vulgaris is extreme skin issue that harrow individuals in their youthfulness. Acne could be a chronic disease of the follicle unit ensuing from androgen-induced exaggerated secretion production, altered organic process, inflammation, and microorganism establishment of hair follicles on the face, neck, chest, and back by *Propionibacterium acnes*. The present review focuses on associate medicine, etiology, pathological process, diagnosis, medical diagnosis and management of inflammatory disease with the pharmaceutical dose kinds of oral and topical administration. The prepared cream demonstrated great spread ability, no confirmation of stage partition and great consistency amid the examination time frame. Soundness parameters like visual appearance, nature and aroma of the plans demonstrated that there was no huge variety amid the investigation time frame.

Acknowledgement

The Authors is exceptionally grateful to Nikam S.N., Lab assistant Gourishankar Institute of Pharmaceutical Education and Research Limb, Satara for important help in current project.

References

1. Akash Mali S, Karekar P, Dr. Yadav AV. Formulation and Evaluation of Multipurpose Herbal Cream, International Journal of Science and Research (Ijsr), Ijsr. Net. 2015; 4(11):1495-1498.
2. Ebanks Jody P, Randall Wickett R, Raymond Boissy E. Mechanisms Regulating Skin Pigmentation: The Rise and fall of Complexion Coloration. International Journal of Molecular Sciences. 2009; 10(9):4066-4087.
3. Roy Ram Kumar, Mayank Thakur, Dixit VK. Development and Evaluation of Polyherbal Formulation for Hair Growth-Promoting Activity. Journal of Cosmetic Dermatology. 2007; 6(2):108-112.
4. Nayana Vhatkar, Shraddha Raut, Manali Pore, Siddhika Dhope, Igor Foscolo, Akash Mali S. Design and development of cosmeceutical cream for hyperpigmentation and anti-aging, Inter J Adv. Community Medicine. 2018; 1(1):27-31.
5. Thappa D, Adityan B, Kumari R. Scoring Systems in Acne Vulgaris. Indian J Dermatol Ve. 2009; 75(3):323-6.
6. Benner N, Sammons D. Overview of the Treatment of Acne Vulgaris, Osteopath Family Physic. 2013; 5(5):185-90.
7. Spencer EH, Ferdowsian HR, Barnard ND. Diet and Acne: A Review of the Evidence, Int J Dermatol. 2009; 48(4):339-47.